



# UTA HALEE ACADEMY

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*Dedicated to improving the lives of youth, families and communities.*



## About Us

### *The Uta Halee Academy Program*

Situated north of Nebraska's largest city, Uta Halee Academy's 27-acre campus features four living units, an on-site day school, a transitional living cottage, enhanced shelter, health clinic, great hall and fitness center. Uta Halee serves young women aged 13-18, utilizing evidence and research-based practices, female-specific programming and trauma-informed care that cultivates empowerment. This, paired with the normalized and welcoming high school environment, sets the tone for inclusion and recovery so Nebraska's young women can find their voices, and succeed.

### *Operated with over 35 years of experience*

For over 35 years, Rite of Passage has incorporated best-practices, research and evidence-based methodologies to develop its Academic Model™ program: a strengths-based, trauma-informed paradigm that places youth at the forefront of their own personal growth, healing and recovery. It is this approach—offering at-risk youth a normalized, academic and therapeutic environment—that has allowed us to fulfill our mission of improving the lives of youth, families and communities.

# Uta Halee Academy

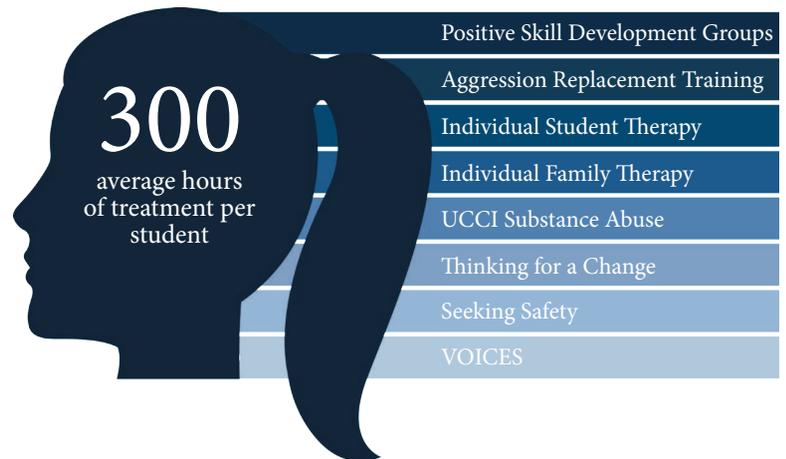
## 2016 Outcomes

In 2016, we witnessed our young women learn and grow while attending classes, participating in extracurricular activities and developing new skills through evidence-based interventions while meeting their Treatment Plan goals. These milestones enabled them to graduate, empowered with well thought-out plans for a successful return to their home communities.

### Education and Vocation



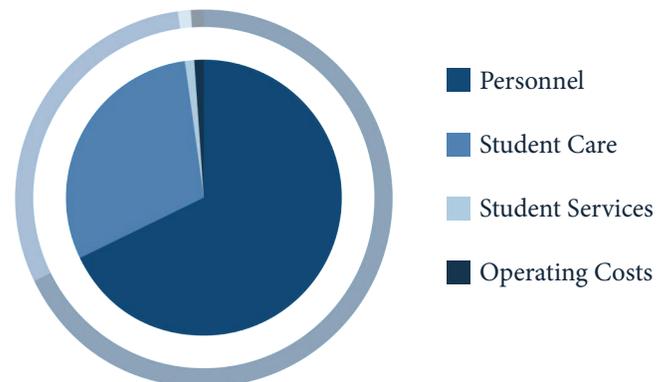
### Evidence-Based and Clinical Services



### Family and Community Engagement



### Financials





# Positive Youth Development

Uta Halee Academy offers students opportunities to develop and practice skills while engaging with their peers and community. Participation in cultural and recreational activities, directed by the tenets of Positive Youth Development, help students cultivate ethical and moral development and a stronger sense of responsible citizenry.



# Programming designed to promote healing, empowerment and positive change

## *Safe Spaces*

Our well-trained staff form positive, pro-social relationships with our students that foster a supportive environment. This approach is based on the tenets of Positive Youth Development where staff act as mentors and role models. Rich therapist to student ratios encourage the development of positive thought patterns, habits and skill sets that will help our students lead successful lives.

## *Learning Environments*

Uta Halee offers year-round, accredited education through its on-site school. The school embraces the three R's (Rigor, Relevance and Relationships), but adds an additional component, Rituals. This focus enables our students to celebrate themselves—many of them, for the first time. Through rituals, graduations and vocational certificates are honored as milestones; students learn that rituals are meant to be replicated for a lifetime of success.

## *Places for Therapeutic Conversation*

Through a calibrated assessment process, individualized therapeutic services address a young woman's risks and needs. Evidence-based, cognitive-behavioral therapy, trauma-informed care, individual and family therapy empower our young women to begin the process of rehabilitation. Through targeted treatment plans, students learn healthy coping strategies and gain resiliency.

## *Family Connection and Community Engagement*

Family and community involvement promote pro-social skills and responsibility. We welcome family and community inclusion through family therapy, parent-teacher conferences, meaningful community service projects, spiritual celebrations and graduation ceremonies. Through innovative programming, our youth feel pride and belonging in their home communities and return as stewards of a brighter future.





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